Is it for my child?

How do I know if Finger Olympics is right for my child?

Do you have concerns related to your child's fine motor skill development?

Has your child's preschool/pre-Kindergarten or childcare provider expressed concerns regarding their fine motor development?

Does your child avoid participating in fine motor or drawing activities?

Still have questions?

Feel free to reach out with any questions you have regarding the structure or purpose of the group; we are always here and happy to answer *any* questions you may have- fine motor or otherwise.

TeeKoz Kids Pediatric Occupational Therapy

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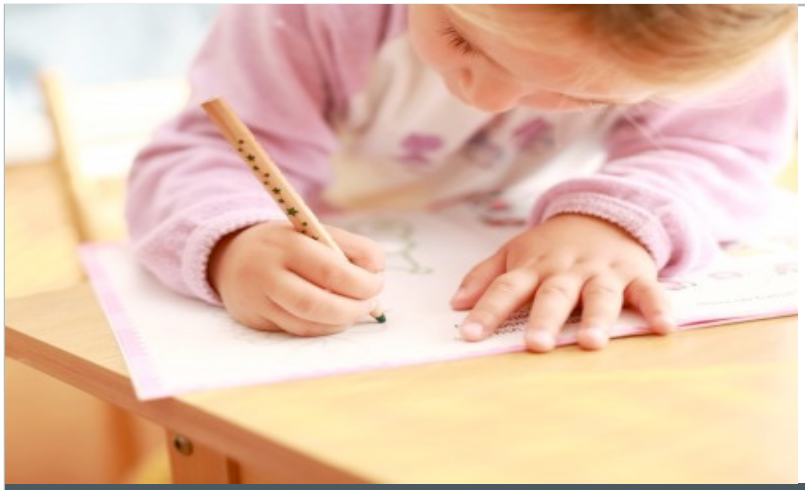
TeeKoz Kids

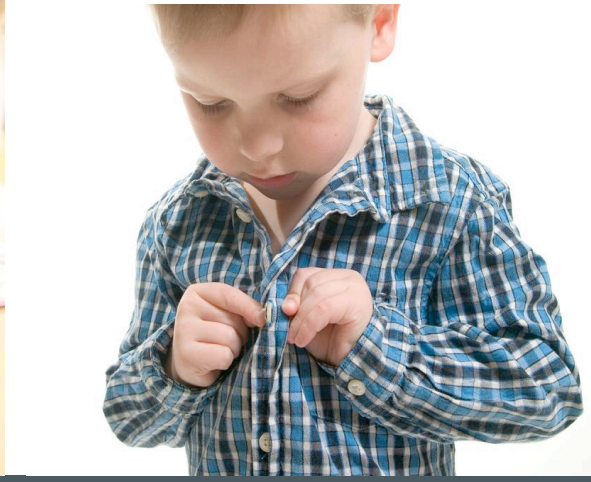
Pediatric Occupational Therapy

Finger Olympics

Kindergarten Readiness Group

www.teekozkids.com





Why Finger Olympics?

One of the most important tools that your child brings to school is their hands. Hands allow your child to manipulate and explore their environment. Efficient hand function depends on the coordination of many skills.

The "Finger Olympics" group was started after educators identified children that needed extra help with the necessary skills to be successful in Kindergarten. This group not only focuses on fine motor skills, but also helps with developing the essential skills needed for Kindergarten readiness which includes socializing with peers, developing confidence with taking on new challenges, and working in a group.

It is our goal for parents to gain an understanding about their child's specific difficulties relating to the function of fine motor development while participating in this group. The children will participate in motivating fine motor activities, as well as strengthening activities for their shoulders and upper body, in order to improve their ability to manipulate classroom tools such as scissors, markers and pencils, improve their handwriting, and improve their ability to manipulate small objects. The included home program has also proven to be helpful in translating skills to the home and in making sure that children reach their optimal performance.

FAQs

How often does the group meet?

The group meets on a weekly basis for an hour each week (time is determined based on availability of participants).

How much does the group cost?

The group costs $70/week for an 8-week period, plus an additional one time fee of $15 for supplies.

Where does the group meet?

The group meets at the TeeKoz Kids Pediatric Therapy Office at 10605 Concord St. Kensington, MD.

Who participates in the group?

Children entering Kindergarten who need extra support in fine motor development and/or Kindergarten readiness skills.

What does the group entail?

The group of rising Kindergartener's will meet weekly with an Occupational Therapist and participate in group fine motor and Kindergarten focused activities. Each child will also have a binder and kit for carryover work at home.